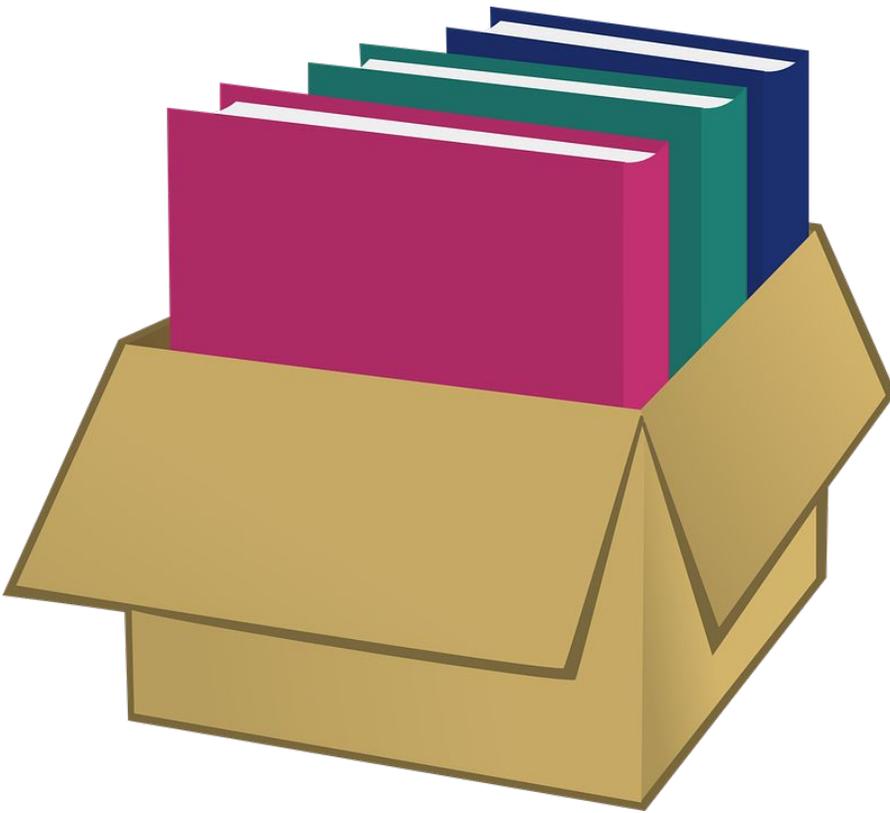




## 7 week Plan for Teaching Kids at Home

Part  
TWO



If you know people who need this, please share  
this link:

<https://abetterwaytohomeschool.com/learning-at-home-everything-you-need-in-one-place.html>

Under construction as of March 22, 2020.  
Should be fully complete before March 27, 2020

# Part Two

If you're simply doing a short time of teaching at home, I recommend sticking to part one.

This extension pack is here to give you guidance if you decide to add MORE learning into your child's day, or if you've decided to join the homeschooling adventure.

Any questions? You can reach me at [abetterwaytohomeschool@gmail.com](mailto:abetterwaytohomeschool@gmail.com)

Also, you may want to consider jumping onto my email list. I send resources, tips and encouragement out often and I strive to be transparent, authentic, quirky, and imperfect. That's right. I let my typos hang.

# Looking for Part One?

It's at the top of this page:

<https://abetterwaytohomeschool.com/learning-at-home-everything-you-need-in-one-place.html>

### Preschool 30-90 min/c

Preschoolers need love, a predictable routine, some hands-on learning, and a few age-appropriate chores (yes, really).

This plan will be play focused. I'm going to list materials for you to pull together to be stuff you have around the house. If not, replace it with something you do have. \*These resources were free when I compiled them.

week	math	Reading (read same story all week)	Craft (save your toilet paper rolls)	song
1	# bingo Compare big and small	MARY	Make a dragonfly	Dino S
2	Dice game Color patterns	Make a frog	Make a lion	Mo
3	Hide and seek shapes	Make an elephant	Make a ladybug	It's
4	Tic tac toe same/different	Make a castle		
5	Counting			
6	Identifying numbers			

### K-2

week	math	Reading/writing	science/ social studies	art/ music (save your toilet paper rolls)	Chores
1	Splash math 15-30 min a/ day	Stella Luna	Make a map of our home or backyard Sugar bridge	Make a dragonfly	Take
2	Splash math 15-30 min a/ day	Chibi Gaji	Make map of neighborhood lightning	Make a frog	Fol
3	Splash math 15-30 min a/ day	Wings of Wonder	Make map of your city Earthquakes	Make a lion	
4	Splash math 15-30 min a/ day	Sylvester	Make map of your state magnets	Make an elephant	
5	Splash math 15-30 min a/ day	Turkey Trouble	Make map of your country airplanes	Make a ladybug	
6	Splash math 15-30 min a/ day	Clara's Journey	Make map of the world States of matter	Make a castle	
			Make a solar system map Elastic force	Your choice	

### 3-5

week	math	Reading/writing	science/ social studies	art/ music (save your tp rolls)	Chores
1	Splash math 15-30 min a/ day	As Fast As Kites Could Fly	Make a map of our home or backyard Sugar bridge	Egg carton flowers	Do their own (or the family's) laundry.
2	Splash math 15-30 min a/ day	Moons			Help prepare
3	Splash math 15-30 min a/ day	The Grapes of Wrath			
4	Splash math 15-30 min a/ day				
5	Splash math 15-30 min a/ day				
6	Splash math 15-30 min a/ day				
7	Splash math 15-30 min a/ day				

### 6-8

week	math	Reading/writing	Science	History	Art/music / life skills
1	IXL 15-30 min/day	Looking for books to go with ancient history?	Supercharged Science!! You drop your email in and get access to the lesson!	Ancient Civilization Project	Toilet paper roll coasters
2	IXL 15-30 min/day	Choose a read aloud on Audible: Listen 30-45 min a day	Astronomy	Choose project: either Create your own slide presentation or History Pockey project	



## 7 week Plan for Teaching Kids at Home

Part ONE



If you know people who need this, please share this link:  
<https://abetterwaytohomeschool.com/learning-at-home-everything-you-need-in-one-place.html>

### Simplified Schedule of a day at home

Time	Preschool-2nd	3-8	High school
7:00	Breakfast	Breakfast & Chores	Breakfast & chores
8:00	Story time & silly songs	Learning time	Learning time
9:00	Fun learning games and activities		
10:00			
11:00	Outside: get some fresh air!		
12:00	Lunch	Lunch	Lunch
1:00	Reading	Reading	Reading
2:00	Rest/quiet/free	Chores & Free	Finish school, Chores & Free
3:00	Outside: get some fresh air!		
4:00	Free time		
5:00	Dinner prep/free time	Help with dinner prep	Help with dinner prep (or do dinner prep)
6:00	Dinner	Dinner	Dinner
7:00	Family time/bedtim	Family time	Family time

<https://abetterwaytohomeschool.com/learning-at-home-everything-you-need-in-one-place.html>

### High School (3-5 hours/ day)

science	History	Life skills
Pick a science project you can do at home	Choose an important History topic	How to change a tire on a car
Do research	Do Scavenger hunt	Write down 4 ways to cook an egg or chicken
Form your hypothesis	Break topic into 4 subtopics and begin research	Learns to sew a button
Plan and Conduct experiments	Complete 2-4 slides per	Learn to tie a tie Tie a bow tie
Collect and organize data	Complete 2-4 slides per	BEST way to improve conversation
Organize findings	Complete 2-4 slides per	Clean a microwave
Present your project	Finish and share project	Iron a Shirt

They can be responsible for organizing a work around the house every day to help keep it differently in every family.

side presentation about a chosen area of (ics), do research and complete 2-3 slides story project.

Seriously, that is enough to jump start you into the wonderfully rewarding, challenging and fun world of teaching your kids at home.

When you're ready for MORE resources, ideas, tips, or help let me know!

# PART Two

You've decided to stick to this teaching at home adventure for longer than a few weeks and you're ready to begin looking for materials to extend your child's learning?

## Congratulations!

**This is the part where most homeschool families get lost or go in different directions.**

Important to understand from the beginning:

- Every child and every family is different
- What works for your family may not work for mine or the other way around
- Homeschooling is NOT about the curriculum or subjects taught. It is about
  - Building a life-long STRONG relationship with your child as you strengthen their academics
  - There is no behind in homeschooling, you are simply right where you are. That means grade levels are guidelines, not hard fast rules
  - The MOST successful homeschoolers I've ever known put heart, character, and attitude FAR ABOVE teaching academics. If you get the heart training right, the academics are easier. If you focus on academics and neglect the heart, teaching kids is not fun for anyone.
- BEFORE you look for what curriculum and materials you want to use, take a few days to create your MASTER goals. "By the time I finish homeschooling my child, they will \_\_\_\_\_" ([You may want to take my free Homeschooling from the inside out class](#))
- Begin with the CORE Four Subjects: Math, Language, History and Science
  - Math and Language should be practiced everyday, History and science only need to be 1-2 times a week.
  - Once you have your core four in, you can sprinkle in other things like, art, music, dance, etc.

I am going to break down each CORE subject and offer a few suggestions for you to research. I am an affiliate with some, and not connected to others. If I am affiliated, it's because I LOVE them.

Yes, I do offer consulting. I can help you weed through curriculum and create a plan for you to begin using. **Email me at [abetterwaytohomeschool@gmail.com](mailto:abetterwaytohomeschool@gmail.com)** and we can schedule a free 15 minute phone consult so I can give you a quote.

# MATH



Many people panic at the thought of teaching math. Don't. There are so many wonderful resources available to help you.

1. Get Your [MATH Roadmap FIRST](#).
2. Math. Everyone likes a different math curriculum. These are my top picks from 25 years of homeschooling/teaching

## Some choices to get you started.

IXL- an online resource for ALL grades. You can try for free, and then decide to subscribe if it's a good fit for your family.

Splash Math- For K-5th grade. Free online resources.

I personally use online math games once a week, as a break from pencil and paper math.

[Teaching Textbooks](#) has been a good fit for my kids from pre-algebra and up. I recommend using the online teaching videos if you are not strong in math.

[Abeka Math](#): Is a Christian based math curriculum, very colorful, and more advanced than many other programs. I LOVED it when I taught in classrooms.

[Evan Moor is my favorite.](#) I have loved every single resource I have used over the years in any subject.

If you fall in love with them, like me, [get the teacher's file box](#). ALL GRADES included and you can cherry pick through their resources. Just print what you need/want.

I have created many math resources as well. You can find them here:

<https://www.teacherspayteachers.com/Store/Rebekah-Sayler/Category/Math-104415>

# Language

Language has a few parts: Reading, writing, grammar, spelling, and mechanics

1. Read every day. That is the SECRET SAUCE to teaching language
2. Recognize the goal of all writing is effective communication
  - Identify the purpose/goal of any type of writing
  - Identify who the audience is for that writing
  - Plan and do the assignment

## Some choices to get you started.

Reading, reading, reading, reading.

It will get your children so far down the road, fill their imaginations, marinate their hearts with vocabulary, and catapult them past their peers.

Just 15 minutes a day makes a HUGE impact.

\*If I could go back and redo my homeschool life, I would have ditched ALL formal language curriculum until my kids were 10-years old and just filled them with stories.

Stories unlock everything. They lift vocabulary to a higher level, draw us deep into boring dry topics and captivate our attention.

READ every day. YES! AUDIO books count. In the car, at the breakfast table, while you're doing chores... Have a story playing in the background.

**Don't LOVE a story?** Move on.

At least for the first season of teaching at home. Your goal is for the kids to fall in love with stories.

If you must teach spelling and grammar, [I LOVE Evan Moor!](#) Again, the best bang for your buck is their [teacher's File box](#).

You Must follow [Read Aloud Revival!](#) Sarah will help you fall in love with stories.

Your library and audible are good resources for read alouds, as is [Storyline Online](#)

The [Well Trained Mind](#) is a VERY popular resource for materials for grammar and writing

I have created many reading and writing resources as well. You can find them here: <https://www.teacherspayteachers.com/Store/Rebekah-Sayler/Category/Language-Arts-225315>

# History

History is one of the more subjective subjects to teach. I focus on big picture, life lessons, and cultural impact when studying history, rather than dates and lists of names and place. But that's up to you and your student.

## Short List of History Subjects:

- Biblical History
- Archaeology
- Ancient Civilizations (They were brilliant!!)
- Medieval History
- Renaissance
- Dark Ages
- Colonial America
- Civil War
- American Revolution
- Industrial Revolution
- Cold War
- World War I and II
- Native American History
- Westward expansion
- Geography! This world is a fascinating place!

One of the easiest ways to make history come alive is through reading historical fiction and picture books. Yes, even older students will enjoy picture books if they help breathe life into history!

The [Well Trained Mind](#) is a VERY popular resource for materials for History.

[Evan Moor is one of my FAVORITES](#)

I have created history resources as well. You can find them here:  
<https://www.teacherspayteachers.com/Store/Rebekah-Sayler>

# Science

It is important to explore scientific topics with your children so that their minds are stretched and they become problem solvers. Do not get hung up on trying to figure out which areas to focus on and what ideas need to be learned. Simply explore this world from a scientific perspective.

Be prepared to dig deeper where there is interest! Short list of Science topics to explore together:

- Scientific Method
- The human body
- Plants
- Animals
- Gardening
- Survival Techniques
- Electricity and Magnetism
- Atoms and Elements
- Weather
- Planets and The Universe
- Creation vs. Evolution
- Health
- Forensic Science
- Natural Medicine
- Light

## FREE EXPERIMENTS:

- [Astronomy Tour of the Galaxy](#) (One of my favorites!)
- [Catapults](#)
- [Chemistry](#)
- [Electricity](#)
- [Sound Vibrations](#)
- [Hovercraft](#)
- [Light Waves](#)
- [Magnetism](#)

I have created science resources as well. You can find them here:

<https://www.teacherspayteachers.com/Store/Rebekah-Sayler/Category/Science-171172>

# Subscription Crates

If I could go back in time, I would ABSOLUTELY begin using subscription kits right from the beginning. We fell in LOVE with them and have been amazed at how much richness they add to learning.

[Here are the BEST Subscription Crates:](https://abetterwaytohomeschool.com/best-subscription-boxes-for-kids.html)

<https://abetterwaytohomeschool.com/best-subscription-boxes-for-kids.html>

# DIY Subscription Crates

While I LOVE our subscription boxes, not everyone can afford them.  
This is a terrific alternative!

[DIY Crates for Kids](https://abetterwaytohomeschool.com/diy-subscription-boxes-for-kids)

<https://abetterwaytohomeschool.com/diy-subscription-boxes-for-kids>

# New updates 3/19/2020

## [Evan moor freebie](#)



## [Audible Free audio books](#)



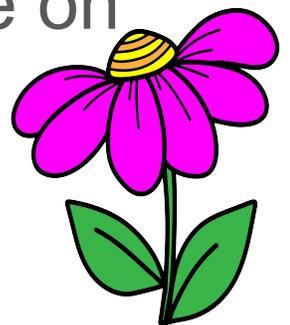
[Play beside me challenge starts March 30!!](#)





# ACTS of Kindness

- ❑ Send notes and drawings to nursing homes
- ❑ Create care packages for local food bank
- ❑ Grocery shop for those at greatest risk
- ❑ Send care packages to loved ones
- ❑ Do a mini-concert to those in quarantine (outside their window)
- ❑ Call people rather than text to check in on them
- ❑ Buy food for single moms, or those on tight budget



# How long should my child “learn” each day

The short answer is that your student is learning all day long. For academics at home a good benchmark is to do academic lessons for 1-2 hours for the grade.

Grade	Hours a day	Daily subjects	2 x week	1 week	Life skills	At your fingertips resources
K-1	1-2	Math Reading Journal writing	History & science	Art, craft, project	Above, plus, Basic chores	Read-Aloud with <a href="#">Audible</a>
2-3	2-4	Math Reading Journal writing	History & science	Art, craft, project	Above, plus, Meal prep	<a href="https://www.mathixl.com/">https://www.mathixl.com/</a>
4-5	3-5	Math Reading Journal writing	History & science	Art, craft, project	Above, plus, Help cook	Writing Prompt generator <a href="https://www.journalbuddies.com/journal_prompts_journal_to_pics/prompt-generator/">https://www.journalbuddies.com/journal_prompts_journal_to_pics/prompt-generator/</a>
6-8	4-5	Math Reading Journal writing	History & science	Art, craft, project	Above, plus Yard chores	
High school	4-6	Math Reading Journal writing	History & science	Art, craft, project		History <a href="https://www.mrdonn.org/">https://www.mrdonn.org/</a>  Science <a href="http://www.sciencekids.co.nz/games_activities.html">http://www.sciencekids.co.nz/games_activities.html</a>

# Prioritize your day

- Establish a few household age-appropriate chores.
- Set a start time for the learning day (Yes, 9:00 & 10:00 are fantastic!)
- Do daily subjects first.
- Break for lunch.
- Do reading (audio book)
- Finish any household chores that need to be done.
- Give kids rest time/free time in the afternoon.

**Pro tip:** Hold back screens until AFTER chores and school is complete.

## Do not over complicate your time at home!

When a teacher is suddenly replaced by a substitute in a classroom for a sudden but long time, kids typically are given a BIG unit study project to work on: [All About Snow](#), Learn 12 braids and write out their directions, how to tie ties, basic car maintenance and more.

### Be creative!

- ❑ Games count as math activities if they use counting or money.
- ❑ Creating lists, plays, puppet shows, and writing silly stories counts as writing.
- ❑ Deep dive into an online world tour and create a brochure or slide presentation! Or complete a huge world tour of [ancient history](#).

# 7 week Plan for Teaching Kids at Home



From this point there are lots of extra goodies for you to help you teach your kids at home.

**WOW!**

## 7 week Plan Add-on Ideas, Projects, and Resources

*I'd like to give credit to my husband, Craig Saylor for encouraging me to pull together this resource for everyone. He knew there would be people who needed this long before I did.*

Obviously, if your school has given you a plan, you'll need to follow their guidelines, but this should help you!!

Ready for you to be using!

This is a **living resource**.

I am adding more each day and will include some incredible deals, freebies and ready to use activities.

Many, MANY people are working overtime to bring resources to you to help you. I'm still looking over details...

Brand new [FREE resources](#) from my favorite "KIT" company. FANTASTIC Resource!! We LOVE Kiwiclo

UPDATED DAILY!

**At-Home Resources for Kids (and their grownups)**

Parent toolkit   Activities by age   Daily DIYs

**WOW!**

[The Activity Room Opened](#) until March 19. This is CRAZY good for toddler-K (not free, but worth every penny) (referral)

**WOW!**

YOUR VIP INVITATION TO JOIN — ENROLLMENT IS OPEN THROUGH THURSDAY!

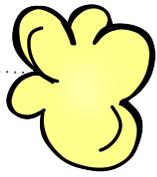
**Save Yourself Hours While Still Creating Special Memories & a Happy Childhood**

No more headaches!  
Stop searching for activities and wondering if you have the right supplies on hand!

**JOIN NOW!**

**Wow!**

[30 Virtual Field Trips with Links by Mrs Fahrney](#)



# Make any video a learning activity

If you really want your kids to write about a show...

A simple discussion about what they learned works amazing too!

\*\*\*\*No Prep\*\*\*\*

## POPCORN

### Movie Response Mega Pack!



**21 Printables-**  
Use with Any Movie



The image shows a collection of educational printables for a movie response activity. At the top, it says '\*\*\*\*No Prep\*\*\*\*'. Below that is the word 'POPCORN' in a bubbly, white font with a black outline. Underneath is 'Movie Response Mega Pack!' in a black, handwritten-style font. To the right of the text is a small illustration of a red and white striped popcorn bucket with yellow popcorn. Below the main text, it says '21 Printables-' and 'Use with Any Movie'. Several sample printables are shown: one with a 'Video Report' form, one with a 'POPCORN Quiz' form, and one with a writing template. The background of the entire graphic is red.



# 90 Day Complimentary pass to [iKnow it](#)



“Our hearts reach out to the many communities affected by the COVID-19 virus. As many schools in these communities are closed, we understand that teachers and administrators are in need of online, remote learning tools.

We would like to offer our online math practice tool, , free of charge, to any schools affected by the virus related closures.

Please fill out this form to request an application for [unlimited complimentary access.](#)”

## Grades K-5



### Get Your Weekends Back and Save Money! Access a goldmine of PreK-8 activities across subjects

Join and Your First 30 Days are Free

As low as \$8.33/month afterwards\*

\*Based on an annual subscription of \$99.99. Monthly subscription available.



## Use [TeacherFileBox](#) for **FREE** for 30 days.

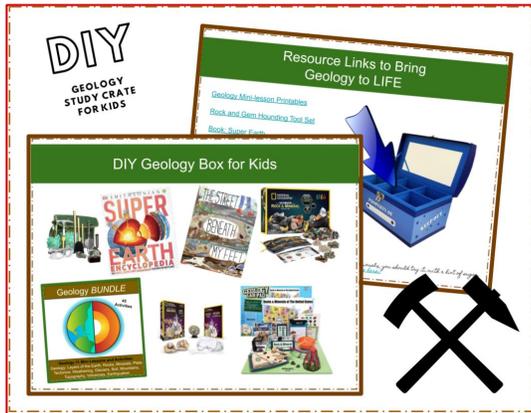
### Get exactly what you need when you need it!



# Your Emergency Teaching at Home Kit

## DIY Hands-on FUN

### DIY Geology Crate



### DIY Cooking Crate



### DIY VERB Crate



### Best Subscription Crates



DIY High School Elective Options!  
 Earn High School Credit at home  
[Just pick an area to focus!!](#)

# Work Together at home

An illustration of a young boy with dark skin and hair, wearing a grey hoodie and blue pants, raking leaves on a green lawn. The scene is scattered with brown and orange autumn leaves. The title 'AGE-APPROPRIATE CHORES: HOW TO HELP KIDS BE RESPONSIBLE' is overlaid in white text on the illustration.

## AGE-APPROPRIATE CHORES: HOW TO HELP KIDS BE RESPONSIBLE

Dirty dishes. Messy bedrooms. Toys on the living room floor. Some days, there just isn't a good way to avoid the chore wars. But there is always tomorrow, and you can be proactive. Ask yourself, *What chores are important for my children to learn, and what are they capable of doing?*

Your kids should help around the house!  
Don't know where to begin? Here are  
some age-appropriate chores.

# Fun Unit Studies

## All About Snow- No Prep-4th-6th

The Color of Snow  
Snow is an accumulation of particles on crystals, and the process of accumulating a variety of particles, such as water, ice, and silt, is called snow. The color of snow is determined by the particles that are in it.

The Sound of Snow  
Check your way through the maze.

Types of Snow  
Snowflakes are crystals that fall from the sky. They are made of water and ice. They are made of water and ice. They are made of water and ice.

Make Paper Snowflakes  
Snowflakes are crystals that fall from the sky. They are made of water and ice. They are made of water and ice.

Wispen "Snowflake" Bentley  
Wilson Bentley first became interested in snow crystals when he was a young boy. He tried to draw what he saw through an old microscope given to him by his mother. The snowflakes were too complex for him to draw, so he attached a bellows camera to a compound microscope and, after much experimentation, photographed his first snowflake on January 16, 1885.

## Life SKILLS

FOR KIDS OF ALL AGES

### Sewing a Button Fine Motor Skills

## DIY Heart Foldable

Presale

## Maestro Heights

Let's find out!

### How Do Organ Pipes Work?

Mini-course: lesson, projects, activities

# Fun & Inexpensive Unit Studies

## 15-Minute Music Lessons

Quick, Fun, and Easy Music Lessons for  
Elementary Students

## Beyond the Stick Figure

**Easy to Use  
for the Whole Family**



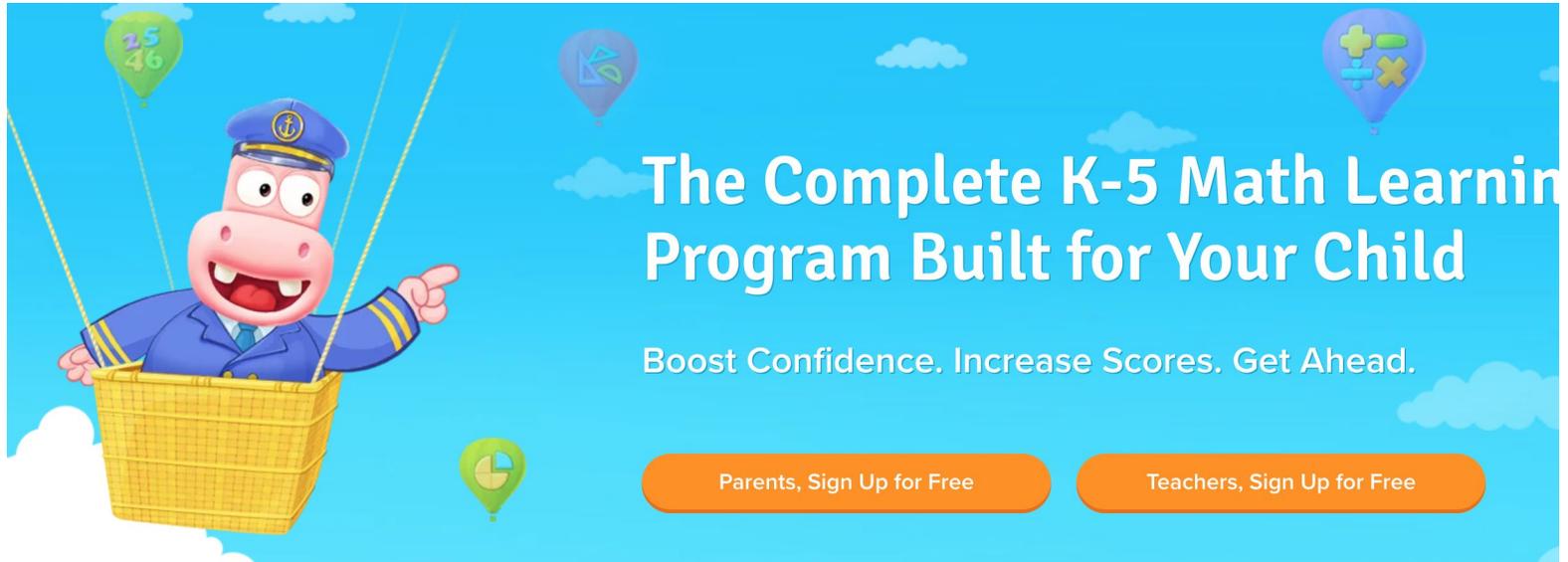
**Beyond the Stick Figure Complete  
Drawing Course PLUS 3 Bonus**

Don't You Wish You Could Draw?

*Hebrew for Homeschoolers*  
Once a week online live classes  
**Hebrew for Beginners**  
in only 10 weeks!



# Free Math app for K-5



**The Complete K-5 Math Learning Program Built for Your Child**

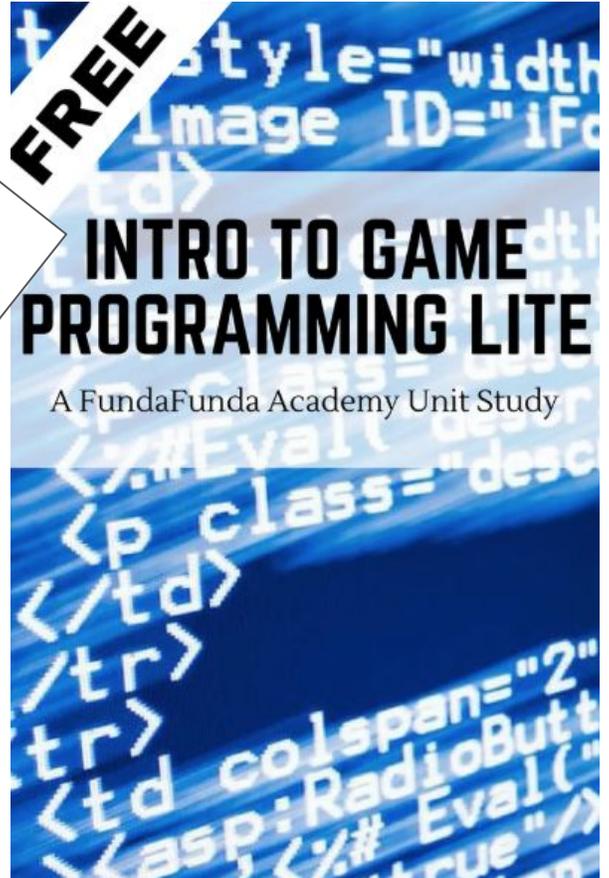
Boost Confidence. Increase Scores. Get Ahead.

Parents, Sign Up for Free

Teachers, Sign Up for Free

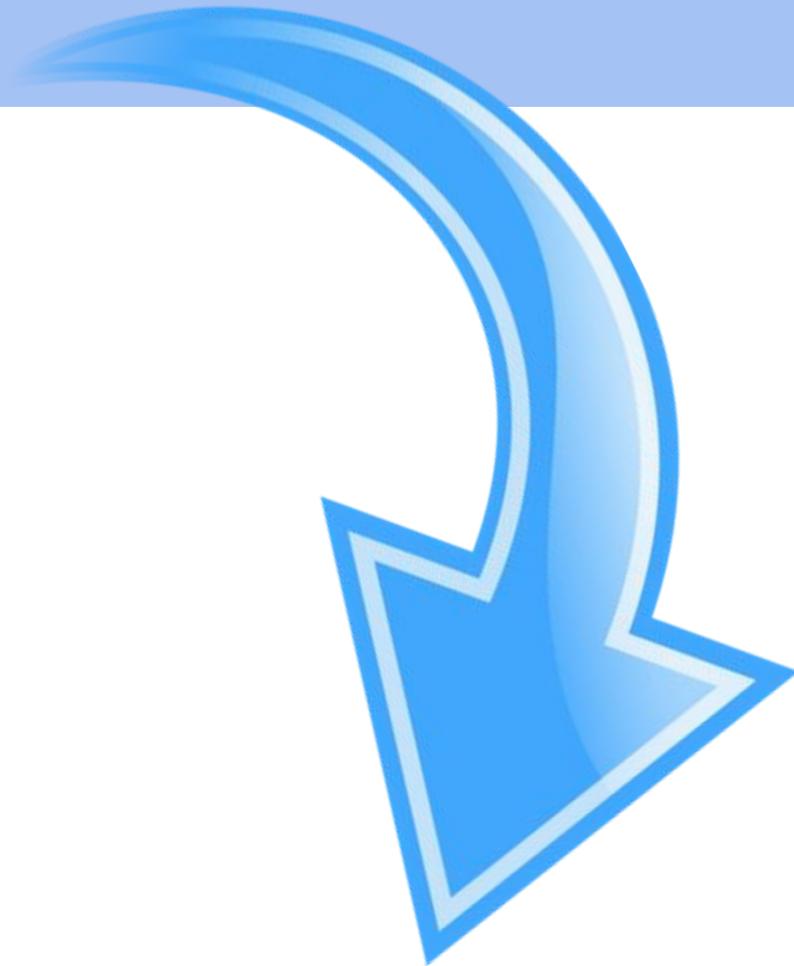
# More resources

For 4th - 12th - no supplies needed. No Email opt-in - just free  
From Meryl



Great free student planner from Heather!!

# Books lists



[Preschool Book Lists](#)

[Classic Chapter Books](#)